

## SHOPPING

### THE SPA AT THE BEACH CLUB

The Spa at The Beach Club is your haven for relaxation during your stay. Refresh your mind and body with luxurious spa treatments, premium salon services, and holistic approaches to massage therapy.

9:00AM – 6:00PM Monday-Saturday

10:00AM – 5:00PM Sunday

### VILLAGE MERCANTILE

Did you forget your bathing suit, or beach towel? Visit our Village Mercantile for all your shopping needs. We carry everything from clothes and shoes for the entire family, to unique accessories. We also carry a variety of toys and books to help entertain your little ones.

10:00AM – 6:00PM Daily

## RFID WRISTBANDS

Spectrum Resorts has introduced RFID wristbands to enhance our guest experience. These wristbands will allow Spectrum guest's access to the Clubhouse, as well as receive complementary access to activities hosted by Spectrum Resorts. They also allow you to charge back to your reservation by scanning your band to save 10% at:

**The Village Creamery, The Village Mercantile, The Village Lawn, The Village Hideaway, and Coast Restaurant (Clubhouse Dining)**

\*\*Charging back to your reservation using the RFID wristband is not available for the Poolside Tiki Bar & Grill, Beach Chair Rentals, and the Spa. Spectrum guests can still bill charges from these outlets back to their reservation to save 10% by providing the room number and last name on the account. Frostbites cannot use the RFID bands and are a set price for all guests.

INDULGE *your senses at the*



We offer a full range of salon services, massage, skin care & body treatments.

Appointments: 866-290-2292 | 251-224-2772  
Located on the first floor of the Clubhouse

## HOURS OF OPERATION

### BEACH SERVICES:

#### Beach

9:00AM – 5:00PM Daily

\*Weather Permitting

251-224-2582

### CLUBHOUSE:

Fitness center, locker rooms, sauna, steam room, indoor pool, outdoor pool, hot tub. Self-serve air compressor for pool floats. Complimentary Coffee from 7:30am-10am.

#### 1st Level Clubhouse

7:00AM – 10:00PM Daily

251-224-2582

### COAST RESTAURANT:

Seafood, gumbo, steaks, pasta, and salads.

#### 2nd Level Clubhouse

6:00PM - 10:00PM Tuesday-Saturday

251-224-3600

### RENTAL OFFICE:

#### Village Area

8:00AM – 6:00PM Daily

251-224-3300

### SPECTRUM REALTY:

#### Village Area

10:00AM - 4:00PM Mon-Sat or by Appointment

251-224-3205

### SUSHI BAR:

#### Village Hideaway

6:00PM - 10:00PM Tuesday-Saturday

251-224-3650

### TENNIS COURTS:

With eight lighted Rubico clay tennis courts, you can enjoy a spirited match or just a casual one with your family.

8:00AM - 2:00PM Daily (Racquet Club)

8:00AM - 10:00PM Daily (Tennis Courts)

251-224-3555

### THE SPA AT THE BEACH CLUB:

Massages, facials, nail services, and salon services.

#### 1st Level Clubhouse

9:00AM – 6:00PM Monday -Saturday

10:00AM – 5:00PM Sunday

251-224-2772

### TRAM:

Tram runs approx. every 15 minutes from the Clubhouse to the Village Area.

10:00AM – 5:00PM Saturday-Wednesday

\*Weather Permitting

251-224-2772

### VILLAGE CREAMERY:

Ice cream and candy.

#### Village Area

12:00PM – 9:00PM Daily

251-224-3660

### VILLAGE HIDEAWAY:

Burgers, salads, seafood, chicken, wings, pasta, pizza, happy hour specials, golf simulator, arcade games, and billiards.

#### Village Area

11:00AM - 9:00PM Daily

251-224-3650

### VILLAGE LAWN:

Food, drinks, lawn games, and entertainment.

#### Village Area

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251-224-3650

### VILLAGE MERCANTILE:

Women's, men's, and children's apparel, swimwear, toys, and unique accessories.

#### Village Area

10:00AM – 6:00PM Daily

251-224-3660

# THE Beach Club

## RESORT & SPA

MARCH 16, 2019 - MARCH 23, 2019

# RESORT GUIDE



www.SpectrumResorts.com



Follow Toby The Turtle

@toby\_the\_turtle

Toby-The-Turtle

#beachclubtoby



## SATURDAY, MARCH 16TH

- 10:00 a.m. Turtle Tot Wind Socks (5 & Under)**  
\*Little ones color a tropical wind sock. Spectrum Members & Guests receive one complimentary. \$5 for Non-Spectrum guests and for extras. *Clubhouse Poolside*
- 11:30 a.m. Photo Scavenger Hunt *Clubhouse Front Porch***  
\*Bring a camera or camera phone and see how many items you can take pictures of on our list in 30 minutes.
- 1:00 p.m. Frozen Treats**  
\*Join us for a cool treat by the pool. *Clubhouse Poolside*
- 2:00 p.m. Poolside Craft \$ “Turtle Mosaic”**  
\*Create a turtle mosaic with mosaic stickers. Spectrum Members & Guests receive one complimentary, \$7 for Non-Spectrum guests or extras. *Clubhouse Poolside*

## SUNDAY, MARCH 17TH

- 8:00 a.m. Worship Service *Coast***  
\*Join Pastor Britt for a non-denominational worship service.
- 10:00 a.m. Turtle Tot Palm Tree Handprints (5 & Under)**  
\*Splash into spring fun when little ones create an eye-catching palm tree using their handprint. Spectrum Members & Guests receive one \ complimentary, \$7 for Non-Spectrum Guests and extras. *Clubhouse Poolside*
- 1:00 p.m. Frozen Treats**  
\*Join us for a cool treat by the pool. *Clubhouse Poolside*
- 2:00 p.m. Poolside Craft \$ “Colortime Tote Bags”**  
\*Color a keepsake tote bag with the Beach Club mascot Toby the Turtle on it. Spectrum Members & Guests receive one complimentary, \$7 for Non-Spectrum guests or extras. *Clubhouse Poolside*
- 2-6:00 p.m. Live Music by Wyatt Edmondson *Clubhouse Pool Area***  
\*Enjoy music by a local artist.
- 4:00 p.m. Belly Flop Contest**  
\*Join us for a cool treat by the pool. *Clubhouse Poolside*

## MONDAY, MARCH 18TH

- 8:00 a.m. Aqua Fitness *Clubhouse Indoor Pool***  
\*Designed around aerobic moves that comfortably raise your heart rate to increase your cardiovascular health and strength.
- 8:30 a.m. Turtle Tot Tennis Clinics \$ *Racquet Club***  
\*Recreational tennis class for kids ages 4-6 with tennis trivia & treats.
- 9:00 a.m. Zumba *Club Event Room***  
\*A fitness program that combines Latin and international music with dance.
- 9:15 a.m. Toby’s Kids Tennis Party \$ *Racquet Club***  
\*Recreational tennis class for kids ages 6-13 with tennis trivia & treats.
- 10:00 a.m. Yoga Flow *Club Event Room***  
\*A series of poses that will move you through the power of inhaling and exhaling.
- 10:00 a.m. Turtle Tot Ocean Bingo (5 & under) *Clubhouse Poolside***  
\*Little ones search for the ocean animals called to make a bingo and get a prize.
- 10:30 a.m. Adult Tennis Clinics \$ *Racquet Club***  
\*Recreational doubles drills & games for adults.
- 11:30 a.m. Family Trivia *Clubhouse Poolside***  
\*Compete against other families on history and pop culture trivia.
- 11:45 a.m. Teen Tennis Clinics \$ *Racquet Club***  
\*Recreational tennis instructions & games for teens with trivia & treats.
- 1:00 p.m. Frozen Treats *Clubhouse Poolside***  
\*Join us for a cool treat by the pool.
- 2:00 p.m. Poolside Craft \$ “Sand Art Necklaces”**  
\*Pick a shape and fill it with colorful sand. Spectrum Members & Guests receive one complimentary, \$7 for Non-Spectrum guests or extras. *Clubhouse Poolside*

## TUESDAY, MARCH 19TH

- 8:00 a.m. Aqua Fitness *Clubhouse Indoor Pool***  
\*Designed around aerobic moves that comfortably raise your heart rate to increase your cardiovascular health and strength.
- 8:30 a.m. Turtle Tot Tennis Clinics \$ *Racquet Club***  
\*Recreational tennis class for kids ages 4-6 with tennis trivia & treats.
- 9:00 a.m. Yoga Flow *Club Event Room***  
\*A series of poses that will move you through the power of inhaling and exhaling.
- 9:00 a.m. Aqua Fun Tails Underwater Shoot & Swim \$**  
\*24 hour advanced reservations are required by calling 251-540-2918. *Clubhouse Outdoor Pool*
- 9:15 a.m. Toby’s Kids Tennis Party \$ *Racquet Club***  
\*Recreational tennis class for kids ages 6-13 with tennis trivia & treats.
- 10:00 a.m. Yin Yoga *Club Event Room***  
\*Complementary, balancing form of practice in which poses are held in a softened manner for several minutes.
- 10:30 a.m. Adult Tennis Clinics \$ *Racquet Club***  
\*Recreational doubles drills & games for adults.
- 11:30 a.m. Aqua Fun Tails Learning Experience \$**  
\*24 hour advanced reservations are required by calling 251-540-2918. *Clubhouse Outdoor Pool*
- 11:45 a.m. Teen Tennis Clinics \$ *Racquet Club***  
\*Recreational tennis instructions & games for teens with trivia & treats.
- 1:00 p.m. Toby’s Dance Party & Frozen**  
\*Join our Beach Club mascot for dancing and a cool treat. *Clubhouse Poolside*

## WEDNESDAY, MARCH 20TH

- 8:00 a.m. Chair Strength & Stretch *Club Event Room***  
\*Chair based moves to build strength using small hand weights along with stretching and balance moves using the chair for stability.
- 8:30 a.m. Turtle Tot Tennis Clinics \$ *Racquet Club***  
\*Recreational tennis class for kids ages 4-6 with tennis trivia & treats.
- 9:00 a.m. High Intensity Interval Training *Club Event Room***  
\*Interval training and cardiovascular exercise strategy alternating short periods of intense anaerobic exercise with less intense recovery periods. Aerobic and toning exercises will be combined using weights.
- 9:15 a.m. Toby’s Kids Tennis Party \$ *Racquet Club***  
\*Recreational tennis class for kids ages 4-6 with tennis trivia & treats.
- 10:00 a.m. Yin Yoga *Club Event Room***  
\*Complementary, balancing form of practice in which poses are held in a softened manner for several minutes.
- 10:00 a.m. Turtle Tot Under the Sea Mosaics \$ (5 & under)**  
\*Little ones adorn under the sea shapes with colorful adhesive jewels. Spectrum Members & Guests receive one complimentary. \$5 for Non-Spectrum guests and for extras. *Clubhouse Poolside*
- 10:30 a.m. Adult Tennis Clinics \$ *Racquet Club***  
\*Recreational doubles drills & games for adults.
- 11:30 a.m. Longest Drive Competition *Village Hideaway***  
\*Compete against other resort guests to see who has the longest drive.
- 11:45 a.m. Teen Tennis Clinics \$ *Racquet Club***  
\*Recreational tennis instructions & games for teens with trivia & treats.
- 1:00 p.m. Frozen Treats *Clubhouse Poolside***  
\*Join us for a cool treat by the pool.
- 2:00 p.m. Poolside Craft \$ “Turtle Sun Catchers**  
\*Paint a turtle sun catcher. Spectrum Members & Guests receive one complimentary, \$7 for Non-Spectrum guests or extras. *Clubhouse Poolside*
- 2-6:00 p.m. Live Music by Jesse Duncan *Clubhouse Pool Area***  
\*Enjoy music by a local artist.
- 5:00 p.m. Family Movie Night “Cars 3”**  
\*Join us for a family friendly movie and popcorn! Spectrum Members & Guests receive one box complimentary, \$2 for Non-Spectrum guests or extras *Club Event Room*

## THURSDAY, MARCH 21ST

- 8:00 a.m. Core, Floor, & More *Club Event Room***  
\*Addresses core strength, muscle endurance, range of motion/flexibility, joint stability, balance, coordination, and more.
- 8:30 a.m. Turtle Tot Tennis Clinics \$ *Racquet Club***  
\*Recreational tennis class for kids ages 4-6 with tennis trivia & treats.
- 9:00 a.m. Yoga Flow *Club Event Room***  
\*A series of poses that will move you through the power of inhaling and exhaling.
- 9:00 a.m. Aqua Fun Tails Underwater Shoot & Swim \$**  
\*24 hour advanced reservations are required by calling 251-540-2918. *Clubhouse Outdoor Pool*
- 9:15 a.m. Toby’s Kids Tennis Party \$ *Racquet Club***  
\*Recreational tennis class for kids ages 6-13 with tennis trivia & treats.
- 10:00 a.m. Yin Yoga *Club Event Room***  
\*Complementary, balancing form of practice in which poses are held in a softened manner for several minutes.
- 10:30 a.m. Adult Tennis Clinics \$ *Racquet Club***  
\*Tennis instructions and games for adults. \$15 per person.
- 11:30 a.m. Aqua Fun Tails Learning Experience \$**  
\*24 hour advanced reservations are required by calling 251-540-2918. *Clubhouse Outdoor Pool*
- 11:45 a.m. Teen Tennis Clinics \$ *Racquet Club***  
\*Recreational tennis instructions & games for teens with trivia & treats
- 1:00 p.m. Toby the Turtle’s 5<sup>th</sup> Birthday Celebration**  
\*Help us celebrate the Beach Club’s mascots 5<sup>th</sup> Birthday with dancing and cupcakes. *Clubhouse Poolside*
- 2:00 p.m. Poolside Craft \$ “Shark Teeth Necklaces”**  
\*Make a necklace with a shark teeth and colorful beads. Spectrum Members & Guests receive one complimentary, \$7 for Non-Spectrum guests or extras. *Clubhouse Poolside*
- 4:00 p.m. Cannonball Contest *Clubhouse Poolside***  
\*Show us your best cannonball to win bragging rights and a prize.

## FRIDAY, MARCH 22ND

- 8:00 a.m. Aqua Fitness *Clubhouse Indoor Pool***  
\*Designed around aerobic moves that comfortably raise your heart rate to increase your cardiovascular health and strength.
- 8:30 a.m. Turtle Tot Tennis Clinics \$ *Racquet Club***  
\*Recreational tennis class for kids ages 4-6 with tennis trivia & treats.
- 9:00 a.m. High Intensity Interval Training *Club Event Room***  
\*Interval training and cardiovascular exercise strategy alternating short periods of intense anaerobic exercise with less intense recovery periods. Aerobic and toning exercises will be combined using weights.
- 9:15 a.m. Toby’s Kids Tennis Party \$ *Racquet Club***  
\*Recreational tennis class for kids ages 6-13 with tennis trivia & treats.
- 10:00 a.m. Yoga Flow *Club Event Room***  
\*A series of poses that will move you through the power of inhaling and exhaling.
- 10:00 a.m. Turtle Tot Octopus Mobiles \$ (5 & under)**  
\*Little ones can create a mobile with all of your favorite sea creatures. Spectrum Members & Guests receive one complimentary. \$5 for Non-Spectrum guests and for extras. *Clubhouse Poolside*
- 10:30 a.m. Adult Tennis Clinics \$ *Racquet Club***  
\*Tennis instructions and games for adults. \$15 per person.
- 11:30 a.m. Candy Bingo *Clubhouse Poolside***  
\*Play Smartie Bingo for a chance to win a prize.
- 11:45 a.m. Teen Tennis Clinics \$ *Racquet Club***  
\*Recreational tennis instructions & games for teens with trivia & treats
- 1:00 p.m. Frozen Treats *Clubhouse Poolside***  
\*Join us for a cool treat by the pool.
- 2:00 p.m. Poolside Craft \$ “Sand Dollar Painting”**  
\*Paint an Arrowhead Sand Dollar. Spectrum Members & Guests receive one complimentary, \$7 for Non-Spectrum guests or extras. *Clubhouse Poolside*
- 2-6:00 p.m. Live Music by Justin Wall**  
\*Enjoy music by a local artist. *Clubhouse Pool Area*

## SATURDAY, MARCH 23RD

- 10:00 a.m. Turtle Tot Wind Socks (5 & Under)**  
\*Little ones color a tropical wind sock. Spectrum Members & Guests receive one complimentary. \$5 for Non-Spectrum guests and for extras. *Clubhouse Poolside*
- 11:30 a.m. Photo Scavenger Hunt *Clubhouse Front Porch***  
\*Bring a camera or camera phone and see how many items you can take pictures of on our list in 30 minutes.
- 1:00 p.m. Frozen Treats**  
\*Join us for a cool treat by the pool. *Clubhouse Poolside*
- 2:00 p.m. Poolside Craft \$ “Turtle Mosaic”**  
\*Create a turtle mosaic with mosaic stickers. Spectrum Members & Guests receive one complimentary, \$7 for Non-Spectrum guests or extras. *Clubhouse Poolside*



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**SPECTRUM**  
RESORTS



# DINING OPTIONS

## COAST RESTAURANT

Coast Restaurant is a family-friendly restaurant offering a unique fun-filled dining experience. Savor the tastes of the freshest seafood from the Gulf while enjoying the finest views of waves washing ashore our white sandy beach. Join us for casual waterfront dining and experience a family-friendly menu and world-class service.

\*Reservations are recommended. Please call 251-224-3600 or visit: [thebeachclub.spectrumresorts.com/dining](http://thebeachclub.spectrumresorts.com/dining)  
*6:00PM – 10:00PM Tuesday-Saturday*

## SUSHI BAR

Located within the Coast Restaurant, the Sushi Bar is a dining option you don’t want to miss. Many say the sushi is not only the best along the Alabama Gulf Coast, but the best they’ve ever had!

*6:00PM – 10:00PM Tuesday-Saturday*

## GULFSIDE BAR & GRILL

The seasonal poolside eatery and bar are the perfect places to grab a casual bite or refreshing beverage while poolside. The new and improved poolside menu now includes salads, sandwiches, Turkey and Chicken Wraps, Chicken Tenders and hummus!

*11:00PM – 6:00PM Daily*

## VILLAGE CREAMERY

There are so many great things about The Beach Club and The Village Creamery is one of them. If you are looking for something sweet, The Creamery has something to satisfy any sweet tooth including 16 flavors of hand-dipped ice cream, mouthwatering candies and other sweet treats. Drinks, floats, goggles, board games, and medicine items are also available. Indulge here. Shop here.

*12:00PM – 9:00PM Daily*

## VILLAGE HIDEAWAY

Experience the atmosphere of casual dining while watching your favorite sports teams on one of nine flat screen televisions. While waiting on your order, enjoy our golf simulator, shuffle board table, one of two pool tables or even one of our many arcade games. You will find something here for the entire family!

*11:00AM – 9:00PM Daily*

## VILLAGE LAWN

Have a bite at one of our food trucks. Each truck features a unique selection to please your taste buds. Get in touch with your southern side at The Smoke with our fresh smoked BBQ. For a lighter option, visit The Press for a sandwich or Panini. For something easy to walk around with, visit The Spice for one of our “Two-Handed Burritos.” Satisfy your liquid diet at The Chill with a refreshing chilled cocktail or craft beer. Join us every Friday and Saturday at our Shrimp Boil.

*CLOSED FOR THE SEASON*

**\*\*Activities Are Subject to Change and Weather Permitting\*\***